By Derek Wills

Rendezvous: 10:00 a.m. at the Cohen Cottage, Lac Notre Dame (Wentworth-North)

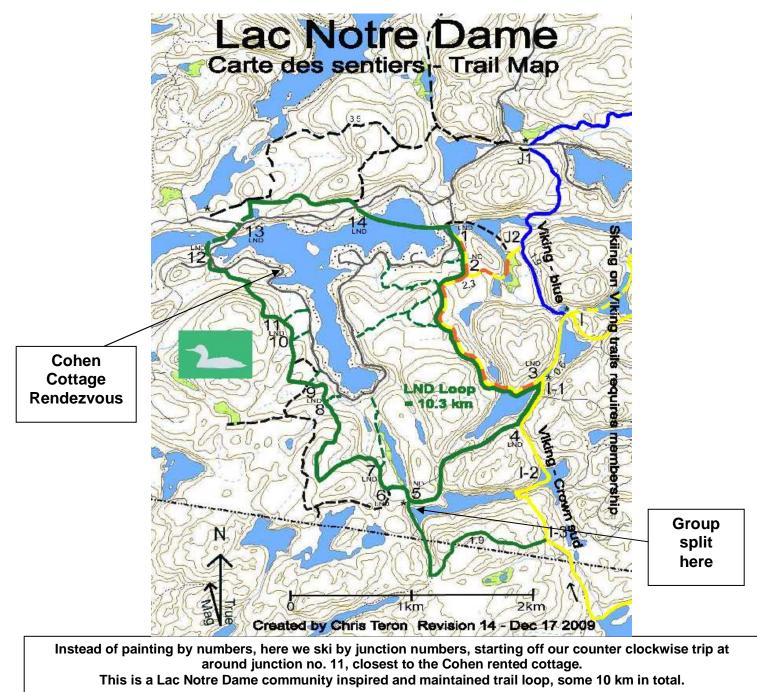
Trails skied: Lac Notre Dame loop & Viking Crown South

Round trip skied ~ 10 km On-trail duration ~ 3-1/2 hours

Conditions: -7℃, sunny, pre-skie d trails, some trail breaking in the "Deep South" section

Map: LND trail map prepared by Chris Teron (Rev.14)

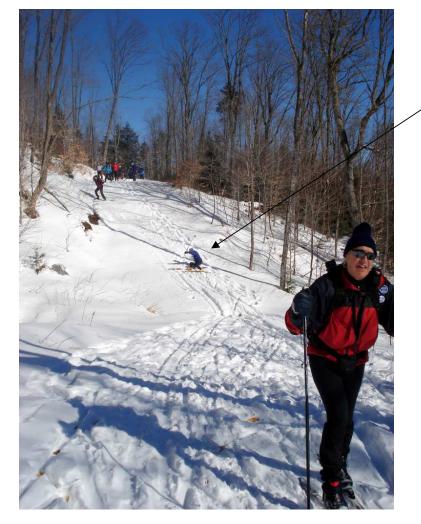
The following 17 showed up for this LND community trail tour: Gordon & Sorel Cohen, Tim Baker, Chris Lyle, Linda Collier, Murray Moss & Judy Lazarus, David MacDonald, Ismo & Eeva-Liisa Makkonen, Celia Lang, Howard Bussey, Sheila Mason, Wilma Wiemer, Audrey Speck, Judy Rogers & Derek Wills.





Morning rendezvous of the troops at the Cohen Lac Notre Dame cottage.

It's a short walk down the road before we can don skis at an access point and start the tour.



Judy takes a tumble on the first downhill, only to discover that her plastic ski tip has broken!

Derek, being a traditional wood ski man, carries a spare tip and we are able to perform a tipendectomy so Judy is able to continue.





Cute loon images are the trademark signage for the LND trail...or are we the loonies?



traverse has been signed over for conservation, for perpetuity.



Masochist instincts come to the fore as each waits to observe the fate of the next victim to negotiate a tricky downhill section!!



At junction no. 5 on the LND loop, the group splits with one group exploring a new extended and remote southern routing which links back into the Viking Crown South trail.



After some doubts, we do finally re-join into the Viking Crown South trail...... and celebrate by having lunch!



Here we traverse Lac Henri and head north, on the Viking South!



Having shared a common section of trail, the Loon and the Viking must now part ways!



At LND junction no. 1 we head off for a 1.5 km ski across Lac Notre Dame to our start at the Cohen cottage.



Permanent Lac Notre Dame residents, Wilma & Hans (Wiemer) kindly host the ski group for post tour refreshments.



Murray's camera captures these feathered friends enjoying offerings at the porch hanging restaurant!

