

V I K I N G S K I C L U B

NEWSLETTER JANUARY 1967

The ski season is in full swing. The christmas present of 18" powder snow came just in time. Total snow depth at the time in Morin Heights over 30 inches.

Our ski program is in full motion too, as you will see by the enclosed racing and touring schedule for January 1967.

The first big event for our club will be the Relay Races this coming Sunday. This will be the Quebec Division Championship and qualification race for the Canadian Winter Games. 25 entries from the St. Laurent Valley and over 20 competitors from Ottawa are registered already. There will be at least 20 entries from our club. We need your help to make this event a success. Contact our competition chairman, Joe Stairs, Tel: 937-6468, Mtl.

There will be a time trial too, for the cross country ski badge.

The other main event of the month will be a social get together on Tuesday, January 31st, 1967, 8:00 pm at the

Montreal Badminton and Squash Club,
3505 Atwater Ave. (above Sherbrooke Street)

Cross Country ski movies will be shown. There will also be a raffle for a lot of goodies you can use for cross country skiing.

Tickets will be for sale at the meeting.

Enclosed you will find the membership list of our club. Should your name not appear on the list, or the address not be correct, let us know right away. We are making an addition to the membership list in the near future and like to correct any errors.

New membership cards are on the way to all paid up members for the 1966/67 season.

Ingeborg Erkal is prepared to give ski instruction to children from 5 to 12 years of age and make small excursions in the club house area. Interested parents please contact her: Tel: 625-4906.

Junior skiers, who wish to be trained in the fine points of racing technique, should contact Leo Lehtonen Tel: 933-9948.

If you should wish to attend the lectures at McGill University for beginners, contact Doug Bourne, Tel: 935-4746

If you have not yet gotten cross country skis and would like to try them out at a demonstration course on Mount Royal, please contact either of the above.

Marathon Ski Tour, February 18 to 20, 1967.

All members are urged to take part in the Centennial Ski Tour between Montreal and Ottawa. Participation can range from skiing the whole distance to skiing just a few miles. All participants will receive a commemorative decoration.

The most popular entry will be teams of four, each skiing 10 miles a day. For details call Jan Nordstrom, Tel: 288-2251, Ext. 72 or 484-0802 in the evening.

Our recent training race at Lake Notre Dame on January 2nd, 1967, was a great success thanks to Lilly and Jack Wahlberg. The course was well prepared, 3.5 km long and 27 competitors of our club participated.

Distance for the Seniors and Veterans was 10 km, Ladies and Juniors run once the loop 3.5 km.

First in the different classes were: Ladies: Inge Froelich, Juniors: G. Mamen, Veterans: Sam Stallard and Senior Men: Günther Veesser.

After the race we had a Sauna and coffee and cake at the house of Mr. and Mrs. Wahlberg. It was a great event and the cake was delicious.

The editor.

In order to make our Newsletter a little bit more interesting for you, I like to ask all our members to contribute small reports about ski tours, races and other activities and send them to the clubs address for publication. It is nice for every member to know, how different events turned out and what experience or adventure was encountered.

Also don't hesitate to exercise constructive critic if necessary.

The editor.

Note: April ski rendezvous at Hotel at terminal point, where not otherwise specified.

LAURENTIAN SKI ZONE - NORDIC COMPETITIONS SCHEDULE

January 1967

- Jan. 8 Viking Ski Club Relays, all classes,
Viking Ski Club, Morin Heights, 11:00 am
- Jan. 14-15 Quebec Div. Championships Nordic Senior
and 15 kms Men single, Women 10kms.
Jumping 50 meters (Sponsored by St. Lawrence
Valley Ski Zone, at Mont Ste. Anne.)
- Jan. 21-22 St. Lawrence Valley Ski Zone Championships
15 kms Senior Men, 5kms Women, Jumping 40 meters.
Club de Ski de Beauce, Valley Junction, P.Q.
- Jan. 28-29 Quebec Division Nordic Junior
Cross Country Boys 10 kms - Girls 5 kms.
Jumping 40 meters
Ottawa Ski Club, Camp Fortune
- Jan. 29 Gatineau Ski Zone Championships 15 kms Men,
5 kms Women. Ottawa Ski Club, Camp Fortune 11:00 am

TOURING SCHEDULE - JANUARY 1967

- Jan. 8 Long and short Laurentian Ski Zone tour by Alpine Club
10:00 am, Start and Finish at Chalet Cochand upper
Parking lot. Trip Leader: E. Monet.
- Jan. 15 Viking Club Tour 10:00 am. Start and Finish at the
Bellevue Ski Hill, Morin Heights, Parking lot.
Trip Leader: Jan Nordstrom.
- Jan. 22 Long and short Laurentian Ski Zone tour by McGill
Outing Club. 10:00 am, Start and finish at Shawbridge
C.P.R. Station. Après ski at Mocasín Lodge.
Trip Leader: P. Colightly.
- Jan. 29 Long and short Laurentian Ski Zone tour by Whizzard
Ski Club, 10:00 am, Start and finish at Shawbridge
C.P.R. Station, finish at Alpine Inn.
Trip Leader: E.J. Laidlaw.

Note: Après ski rendezvous at Hotel at terminal point, where not
otherwise specified.