Viking Friday Tour Report for 12th March 2021

Viking Advanced Ski-Orienteering on Sheldon Racing Trail network

Summary: Skied ~ 10 km (2-3/4 hrs) locating 14 Ski-O check points throughout Sheldon Racing Trail Network Weather: A windless sunny +4 Deg. C

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Our usual Thursday tour, planned for 11th March, was "abandoned" due to a rainy forecast.

However, the next day –Friday- was more in line with Trudeau's "Sunny ways, my friends, sunny ways" which sounded more encouraging! So, where to go, what to do? What's on our Viking doorstep...the Ski-Orienteering courses inspired and organized by our very own Orienteering Director -Anna Fichman, with Beginner, Intermediate and Advanced courses on offer.

A trio of ladies, Kathy, Jamila & Linda showed up and were happy, upon this author's suggestion, to embark on the Advanced Ski-Orienteering course. We even came up with a team name: "The Senior Viking Vacxers!"

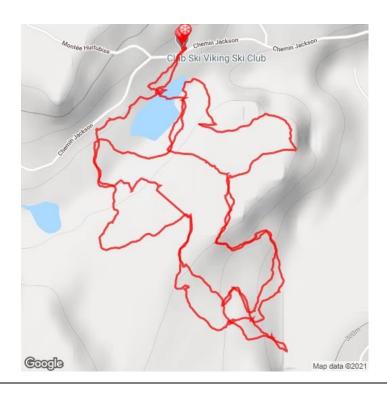
So starting off at Skip's Hut at around 11 pm, we set off to locate the 14 check points in the order dictated on the Advanced Ski-iO map (freely available under the clubhouse deck).

Not being savvy enough to download the iO App on an iPhone, we resorted to the Luddite method of noting our check point discovery times with pen and paper and is summarized on page 3 following.

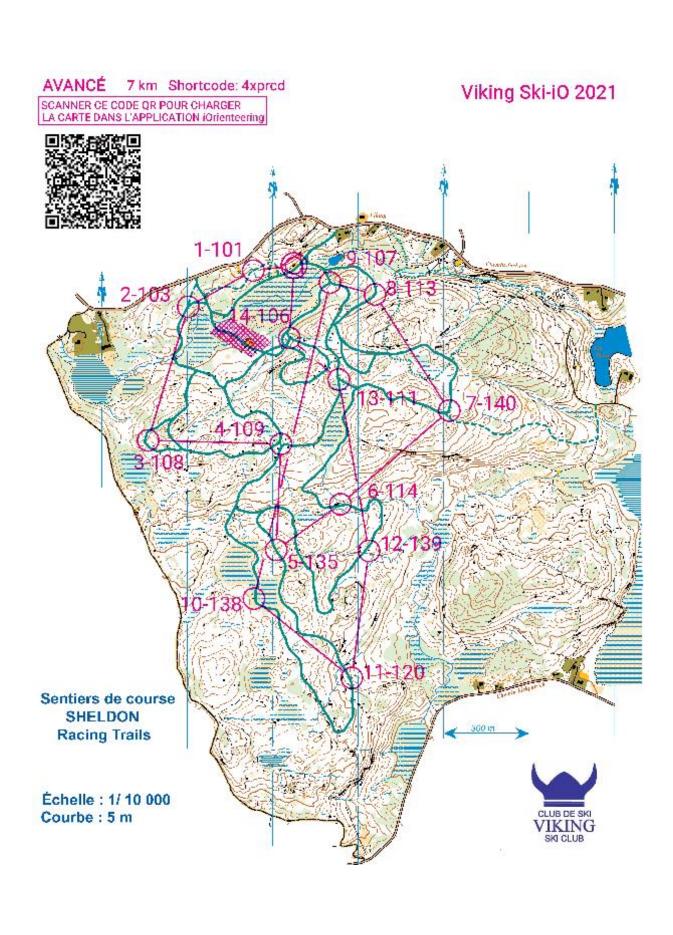
Initially, trail conditions were firm and fast, but softened up with the help of "Sunny Ways!" as the day progressed. We did encounter quite a bit of debris in the form of twigs and branches on the trails; indicative that there had been some recent destructive high winds at work!

Ski Orienteering basically demands that, with map in hand, you must know where you are at all times and then be determining at trail junctions which is the shortest way to the next check point. There are the odd occasions where one can take advantage and "short circuit" across to an adjacent trail, thus saving distance and hence ski time. However, with a metre plus of softening snow waiting to absorb you, this can only be done for short stretches. All the check points are located trail side and easily identified as posts topped with a red identifying cylinder. Unlike non-winter orienteering, a compass is not really necessary since the course is entirely confined to the Sheldon Racing Trail network.

Around 1:40 pm found us back at Skip's Hut, the official Start/Finish point, and timely inasmuch skies had clouded over followed by a snow squall as we made it back up to the Viking carpark. Derek



Jarmila's tracking satellites were no doubt utterly confused by their patron's zig-zagging path!



Check-Point	Time	Duration
Start	10:51 AM	
1	10:55 AM	4 min.
2	11:02 AM	7 min.
3	11:15 PM	13 min.
4	11:20 PM	5 min.
5	11:28 PM	8 min.
6	11:44 PM	16 min.
7	11:58 PM	14 min.
8	12:10 PM	12 min.
9	12:15 PM	5 min.
10	12:42 PM	27 min.
11	12:50 PM	8 min.
12	1:13 PM	23 min.
13	1:29 PM	16 min.
14	1:34 PM	5 min.
Finish	1:38 PM	4 min.
	Total Time	2h 47 min.



